Engaging Disengaged Young People with Education

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CAMHS’ remit

• Anxiety disorders (including OCD, generalised, social, panic disorder, separation anxiety)
• Conduct disorder (with co-existing mental health difficulties)
• Depression, self harm and emotional regulation difficulties (incl effects of trauma, abuse and neglect)
• Post traumatic stress disorder
• Autistic spectrum disorder with co-existing mental health difficulties
• ADHD/ADD
• Eating disorders
Key interventions

• Cognitive behavioural therapy
• Interpersonal therapy
• Psychotherapy
• Pharmacology
• Family/systemic psychotherapy
• Psychoeducation
• Multiagency liaison
Current issues

• Cuts to funding nationally
• Responding to increasing numbers of referrals (including pervasive developmental disorders)
• Roll out of CYP IAPT (Children and young people’s increasing access to psychological therapies)
• Greater emphasis on YP’s and parents’ participation
• Focus on evidence based treatments
Context of mental health difficulties

• Bio-psycho-social approach which considers the interplay and interaction of these three aspects
• 4x Ps - Presenting; Predisposing; Perpetuating; Protective factors
• Link with developmental and normative theories: interruption of expected life stage
Mental health precipitants and effects on education

- Social difficulties/’fitting in’
- School non-attendance (school ‘refusal’ or hospitalisation)
- Bullying
- On-line exposure
- Exam pressure
- Family and peer relationship difficulties
- Poor concentration and learning difficulties