

# School Exclusion Risks after COVID-19

## Additional vignette

Following the launch of the report [School exclusion risks after COVID-19](#) the childhood bereavement charity Winston's Wish created an additional vignette for the Excluded Lives Research Team to help illustrate the forms of grief some children and young people may be experiencing because of COVID-19.

### 'A death in the family'

Ben is 13, his dad developed Covid-19 in April and was nursed at home, then mum developed it. Mum's illness became more serious, she was hospitalised and died a month later. Ben was unable to say goodbye to his mum at the hospital due to the restrictions on visitors. Ben also couldn't attend the funeral. Dad has huge guilt, plus survivor's guilt and is feeling overwhelmed by the thought of single parenthood. Ben is controlling his feelings and emotions tightly as he is aware of how bad dad is feeling and he doesn't want to make things any worse. Ben feels that there is no one there for him, no one he can talk to and he needs to be strong and look after dad, because if anything happens to dad what will happen to him?